

ROUND the ISLAND Cycle Route

Thanks to The Wayfarers Cycle Touring Club who developed this route for the annual Randonnee cycling event, which takes place at the beginning of May each year.

On-road Code:

Follow Highway Code

Consider wearing high visibility clothing and a helmet.

Look at maps etc somewhere off the carriageway

Off-road Code:

Follow the country code – remember to shut gates

Please be considerate to horse riders and pedestrians – slowing down and make them aware of your presence by bell or voice

Cycling is permitted on bridleways and byways – not footpaths.



IoW Mountain Bike Centre

The Isle of Wight's dedicated mountain bike trail centre is at Cheverton Farm near Showell. The farm's owner has worked with a number of organisations to develop the site, which has a variety of tracks and routes. Open daily from April until the end of September. Visitor's Day Permit £2.50



Wight Wanders

Isle of Wight cycling holidays and luggage moving service
www.wight-wanders.co.uk www.move-my-bag-isleofwight.com



Island Cycling Adventures

Cycle guiding on the Isle of Wight. From 1/2 day excursions to inclusive 5 day holidays. All trips tailored to meet your needs. Visit our website or call.
www.islandcyclingadventures.co.uk 07984 170013

Cycle Network

The cycle network is maintained by Island Roads
Tel 01983 822440 www.islandroads.com

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www.pgraphics.co.uk



Round the Island Route Clockwise

- Proceed out of **East Cowes**, through the one way system, onto the A3021.
- At Whippingham turn left onto Alverstone Road and onto Brooks Copse Road.
- At **Wootton** turn left onto Palmers Road followed by a right onto Footways. Turn right onto Church Road and cross the High Street onto Station Road. Turn left into Fernside Way and onto Cycle Track. Follow track to junction with **Wootton Bridge** and turn right up Kite Hill.
- Turn right onto Firestone Copse Road and carry on towards **Havenstreet**.
- At Havenstreet turn left onto the main road and then right onto Stroud Wood Road. Keep on this road over two roundabouts, heading towards **Ryde**.
- At the crossroads carry on across into Bullen Road.
- Follow Bullen Road left and then turn right into Gregory Avenue and out onto the B3330, through Nettlestone, towards **St Helens**.
- At St Helens follow the left Lower Green Road and then turn left into Latimer Road and out onto the B3395 towards **Bembridge**.
- Follow the one way system through Bembridge and past the windmill, towards **Sandown**.
- Proceed over the mini roundabout onto Hillway Road and then turn left at the junction onto Sandown Road.
- Carry on over the roundabout towards Yarbridge. Proceed across at the lights, and then left onto the Lower Road towards **Alverstone**.
- Follow the Alverstone Road down into Alverstone Shute, through Queens Bower and then right into Forest Road and onto Watery Lane.
- At the crossroads cross the A3056 onto Bathingbourne Lane and into Lessland Lane.
- Go across the A3020 into Redhill Lane then turn left into Appuldurcombe Road. Turn right onto the B3327 until West Street then turn onto Rew Lane towards **Ventnor**.
- At Upper Ventnor turn right onto Upper Gills Cliff Road, and then turn right onto Whitwell Road.
- At Whitwell turn left at the church into Kemming Road towards **Niton**.
- At Niton carry on through the one way system and onto the A3055 towards Chale.
- Proceed past Chale and turn right onto Southdown Lane towards **Atherfield**.
- Turn left onto Atherfield Road, through Atherfield. Turn left onto Samber Hill, proceeding into Mill Lane, past the mill and then left onto Punthouse Lane.
- Turn right at the junction onto Wicken Hill Lane and then right on Broad Lane towards **Brighthstone**.
- Take a left into Brighthstone and proceed through the village, heading towards **Mottistone** on the B3399.
- Carry on through Mottistone and then turn left through Brook and rejoin the A3055 towards **Freshwater**.
- Keep on the A3055 through Freshwater Bay and onto Gate Lane. Turn right onto Victoria Road and then straight on towards Freshwater village.

- At the roundabout go across onto Hooke Hill.
- Turn right into Church Place and down to the Causeway.
- Turn left onto the Freshwater-Yarmouth cycleway and continue on track to junction with Thorley Road then turn right and carry on to **Wellow**.
- In Wellow turn right onto the Wellow Top Road and follow this road straight onto the B3401 into Newbridge.
- Turn left onto Quarry Lane and carry on to the crossroads.
- At the crossroads turn left onto Elm Lane towards **Shalfleet**.
- On meeting the A3054 turn left and then right towards Newtown.
- Take the left turn into **Newtown** and proceed through the town and on through Porchfield.
- Carry on this road and turn left at the roundabout onto Rew Street towards **Gurnard**.
- Proceed through Gurnard and turn left at the top of Solent View Road down to the seafront and along Egypt esplanade heading for Cowes town.
- At the junction turn left to walk through Cowes High Street or turn right onto Castle Hill. Carry on up the hill and then turn left onto Ward Avenue.
- At the end of this road turn right onto Park Road and then left onto Victoria Road.
- At the top of the Victoria Road turn left onto Mill Hill and proceed down the hill to meet the Cowes floating bridge to **East Cowes**.

Idea for a shorter ride:

West Wight Loop 24 km, 15 miles (from Yarmouth, clockwise)

Follow the signed route as far as the bottom of the hill in Newbridge, then head to the village of Calbourne. Turn into Lynch Lane, then follow this road up onto the downs, turning right into the unsigned lane immediately after the Mottistone Down Car Park at the top of the hill. Turning right at the next junction brings you once again onto the signed route just before Mottistone.



CYCLEWAYS 23

The Cowes to Sandown Cycleway forms the Southern part of National Cycle Network Route 23. This route provides a level, mostly traffic free route across the island.

The National Cycle Network is being developed by local authorities in conjunction with the transport charity Sustrans and other partners.

For more information and for a list of available maps, see the Sustrans website listed in the Web links section.



The Bicycle Island campaign promotes the Island as a cycling paradise to holiday makers. Bicycle Island and this map were both funded by the Isle of Wight Council's Local Sustainable Transport Fund project that aims to encourage tourists to drive less and see more while on holiday.

Round the Island cycle route

Quieter roads & Cycleways



Round the Island Route Anti-Clockwise

- From the floating bridge at Cowes follow Medina Road and either walk with your bicycle through Cowes High Street, or continue up Mill Hill Road.
- Turn right into Victoria Road and at the top of the hill turn right onto Park Road.
- Turn left into Union Road and continue through the town and onto Egypt esplanade towards **Gurnard**.
- At Gurnard proceed up the hill into Shore Road then turn right into Solent View Road following the route round into Rew Street.
- Carry on through Porchfield and towards **Newtown**.
- Take the right towards Newtown, follow the road through the village and turn right at the junction with Corf Road.
- At the next junction turn left onto the A3054 and then right towards **Calbourne**.
- At the crossroads turn right onto Quarry Lane, towards Newbridge.
- Join the B3401, through **Newbridge** and bear left into Wellow Top Road.
- Follow this road into Wellow and turn left onto the B3401 through Thorley.
- At the junction turn right on the B3401 and head for **Yarmouth** town.
- At Yarmouth turn left into Victoria Road and continue to the end, past the station onto the cycle way to **Freshwater**.
- At Freshwater Causeway turn left and then right at the junction onto the B3399 turning left again at the junction onto Afton Road towards Freshwater Bay.
- At Freshwater Bay turn left on the A3055 Military Road heading for **Brook**.
- At Brook turn left, through Brook and then right onto the B3399 towards Brighthstone.
- Proceed through **Brighthstone** and after the church turn right into Broad Lane and then left at the junction with Wicken Hill Lane.
- At the top of the hill turn left towards **Yafford**.
- Proceed through Yafford, turn right onto Mill Lane at the duck pond and follow this road (Doctors Lane) onto New Road and right onto Atherfield Road.
- Carry on through **Atherfield** and turn right onto Southdown Lane and back out onto the A3055 Military Road and head towards **Niton**.
- At Niton follow the one way system and go across the crossroads into Rectory Road towards **Whitwell**.
- At Whitwell turn right onto Whitwell Road and proceed towards **Ventnor**.
- In Ventnor turn left at the junction into Upper Gills Cliff Road then left onto the B3327, and then turn left into Rew Lane.
- Follow this road around into **Wroxall** and turn left back onto the B3327.
- Turn left onto Appledurcombe Road and round the bend into Redhill lane.
- At the crossroads proceed straight on onto Lessland Lane.
- At the junction with the A3056 proceed straight over towards **Winford**.
- Follow Watery Lane onto Forest Road and then left on Alverstone Road through Queens Bower and into Alverstone Shute.

- After **Alverstone**, take the Upper Road towards Yarbridge.
- Take the second right onto the lower Alverstone Road and down towards **Yarbridge**. At Yarbridge go across the traffic lights and follow the road towards Bembridge.
- Just before the airport turn right onto Hillway Road and follow this road round, across the roundabout and into Bembridge town following the one way system towards **Ryde**.
- Proceed past the harbour and turn right into Latimer Road.
- At **St Helens Green** turn right onto the B3330 towards Nettlestone.
- At **Nettlestone** follow the Ryde Road down Nettlestone Hill.
- Turn left at the junction onto Gregory Avenue, and then left at the T junction.
- Go straight across at the traffic lights, and then bear left onto Smallbrook Lane, and proceed on this road, over two roundabouts coming out onto Main Road in **Havenstreet**.
- At Havenstreet turn right onto Firestone Copse Road and follow this road, turning left at the junction onto the A3054 into **Wootton**.
- Cross bridge and turn left onto NGNR22 then turn left onto Fernside Way and right at junction onto Station Road.
- At the traffic lights, proceed over onto Church Road, turn left into Footways, then into Brooks Copse Road and continue towards **Whippingham**.
- At Whippingham turn right onto the A3021 and then immediately left into Beatrice Avenue.
- Turn left onto Victoria Grove onto Adelaide Road then left into Minerva Road onto Clarence Road.
- At the bottom turn left onto Ferry Road towards the floating bridge

Idea for a shorter ride:

East Wight Loop 26km, 16 miles (from Nettlestone, anticlockwise)

Follow the signed route towards Havenstreet, turning left off the route into Rowlands Lane before the village. Cross the main road on the top of the downs with care, then go down Lime Kiln Shute towards the village of Newchurch. Turn left into the cycleway just before the bridge in Langbridge, and follow this to the next road crossing in Alverstone. Turn left here to rejoin the route.



WEB LINKS

www.cyclewight.org.uk
www.iwight.com
www.cycleisland.co.uk
www.sustrans.co.uk
www.isleofwightmountainbikecentre.co.uk
www.visitisleofwight.co.uk/bicycle-island
www.isleofwightcyclingfestival.co.uk

